



Berliner
Krebsgesellschaft e.V.

Durch Wissen zum Leben



SUN PASS

Healthy
sun fun
for children

with
Benno
Sonnenbär

A prevention project for a healthy
approach to dealing with the sun
in Berlin's children's daycare centres



SUNPASS – What is it?



SunPass is a skin cancer prevention project for children's daycare centres that teaches a healthy approach to dealing with the sun. Children's skin is particularly sensitive. Sunburn, especially in early childhood, is a proven risk factor for the development of skin cancer. That's why sun protection is extremely important for children!

SunPass sensitises educational staff, parents and children to the topic of sun protection.

SunPass-daycare centres take simple, effective measures to ensure that children's UV exposure is reduced and thus help to reduce the rate of new cases of skin cancer in the long term.

SunPass-daycare centres promote carefree time outdoors – with sun protection and without sunburn.



Join in

Would your children's daycare centre like to participate in the free project and become certified as a **SunPass**-daycare centre?



Please feel free to contact us:

Telephone: 030/27 00 07 0

E-Mail: praevention@berliner-krebsgesellschaft.de








SUNPASS – How can children's daycare centres participate?



The SunPass project is carried out annually. It starts in spring and ends at the end of the summer. We come to your facility, participation in the project is free of charge for you. Educational staff, parents and children take part in the project through various offers. If participation is successful, the daycare centre will be certified as a SunPass-daycare centre.

The project includes the following offers:

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- information event for educational staff and parents, supported by dermatologists and paediatricians
 - playful and creative learning of sun protection measures
 - module for preschool children
 - site visit to the daycare centre to jointly plan and implement suitable sun protection measures
 - certification as a **SunPass**-daycare centre after successful participation in the project
 - comprehensive project support by the project management of the Berliner Krebsgesellschaft e.V.
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The skin never forgets! This is what happens with sunburn

When UV rays hit the skin, the body produces the brown pigment melanin. It wraps itself around the skin cells like a protective shield and we get a tan. This protection no longer helps with prolonged exposure and strong sunlight. Skin cells are damaged and sunburn occurs. This disappears again after a few days, but the cells can change in the long term. This increases the risk of developing skin cancer. Sunburn in children is particularly dangerous as the skin's protective mechanisms are not yet sufficiently developed!

SunPass is an
initiative of the ESCF



Support SunPass through donations!

Our donation account

SozialBank

IBAN DE29 3702 0500 0001 2383 00

A prevention project of the
Berliner Krebsgesellschaft e.V.
Robert-Koch-Platz 7
10115 Berlin

Healthy sun fun? Benno Sonnenbär knows how:



Benno's Tip Nr. 2

Wear clothing that protects! A shirt that goes over the elbows is better than a short-sleeved one. Trousers should reach below the knees. Very important: Don't forget a sun hat with a wide brim and neck protection! Sunglasses protect the eyes.



SUNPASS

Gesunder Sonnenspaß für Kinder



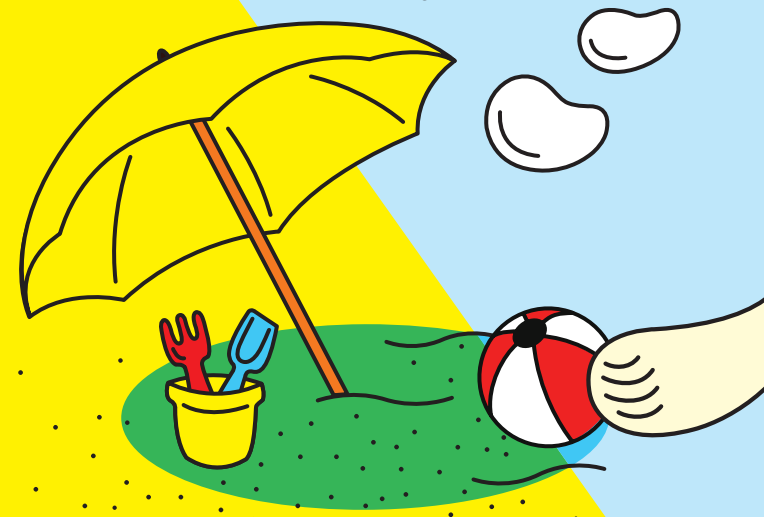
Benno's Tip Nr. 3

Cream, cream, cream! It is best to use sun cream with a sun protection factor of at least 30, preferably 50. And if you've been in the water or are staying outside longer – right, again: cream, cream, cream.



Benno's Tip Nr. 1

Play in the shade. It's nice and cool here! And it's best to stay inside at noon.



SunPass is the skin cancer prevention project for daycare centres that teaches a healthy approach to dealing with the sun. With SunPass, the Berliner Krebsgesellschaft e.V. wants to help protect children's skin in the long term.